

SYMPOSIUM SCHEDULE

CAMANA BAY CINEMAS | 9am - 2pm

TIME	CINEMA 1	CINEMA 2	CINEMA 3	CINEMA 4
9:15AM	Faith and Mental Health: Finding Hope and Healing Presenter: Pastor Bubba	The Edge of Overwhelm: How to Come Back to Yourself After Burnout Presenter: Greg Miller	Generational Trauma: Developing Awareness and How to Respond Presenter: Derek Oliver	Body Practices to Calm Stress and Boost Focus Presenter: Holly Venn & Maria Pla
10:30AM	Mental Fitness: Turning Anxiety Into Strength Presenter: Sutton Burke	The Compassion Prescription: The Simple Secret Behind a Joy-Filled Life Presenter: Raquel Tobian	Carrying Grief: Learning to Live with Loss Presenter: Elissa Gross	Mind Reset: Simple Tools to Improve Attention, Awareness & Emotional Balance Presenter: Holly Venn & Maria Pla
11:45AM	Panel Discussion: Breakthroughs and Boundaries: Emerging Treatments & the Role of AI Panelists: Sutton Burke & Guests	The Edge of Overwhelm: How to Come Back to Yourself after Burnout Presenter: Greg Miller	Generational Trauma: Developing Awareness and How to Respond Presenter: Derek Oliver	Body Practices to Calm Stress and Boost Focus Presenter: Holly Venn & Maria Pla
1:00PM	Mental Fitness: Turning Anxiety Into Strength Presenter: Sutton Burke	The Compassion Prescription: The Simple Secret Behind a Joy-Filled Life Presenter: Raquel Tobian	Carrying Grief: Learning to Live with Loss Presenter: Elissa Gross	Mind Reset: Simple Tools to Improve Attention, Awareness & Emotional Balance Presenter: Holly Venn & Maria Pla