



# SYMPOSIUM SCHEDULE

## CAMANA BAY CINEMAS | 9am - 2pm

TIME	CINEMA 1	CINEMA 2	CINEMA 3	CINEMA 4
9:15AM	<p>Faith and Mental Health: Finding Hope and Healing</p> <p><b>Presenter:</b> Pastor Bubba</p>	<p>The Edge of Overwhelm: How to Come Back to Yourself After Burnout</p> <p><b>Presenter:</b> Greg Miller</p>	<p>Generational Trauma: Developing Awareness and How to Respond</p> <p><b>Presenter:</b> Derek Oliver</p>	<p>Body Practices to Calm Stress and Boost Focus</p> <p><b>Presenter:</b> Holly Venn &amp; Maria Pla</p>
10:30AM	<p>Mental Fitness: Turning Anxiety Into Strength</p> <p><b>Presenter:</b> Sutton Burke</p>	<p>The Compassion Prescription: The Simple Secret Behind a Joy-Filled Life</p> <p><b>Presenter:</b> Raquel Tobian</p>	<p>Carrying Grief: Learning to Live with Loss</p> <p><b>Presenter:</b> Elissa Gross</p>	<p>Mind Reset: Simple Tools to Improve Attention, Awareness &amp; Emotional Balance</p> <p><b>Presenter:</b> Holly Venn &amp; Maria Pla</p>
11:45AM	<p><b>Panel Discussion:</b> Breakthroughs and Boundaries: Emerging Treatments &amp; the Role of AI</p> <p><b>Panelists:</b> Sutton Burke &amp; Guests</p>	<p>The Edge of Overwhelm: How to Come Back to Yourself after Burnout</p> <p><b>Presenter:</b> Greg Miller</p>	<p>Generational Trauma: Developing Awareness and How to Respond</p> <p><b>Presenter:</b> Derek Oliver</p>	<p>Body Practices to Calm Stress and Boost Focus</p> <p><b>Presenter:</b> Holly Venn &amp; Maria Pla</p>
1:00PM	<p>Mental Fitness: Turning Anxiety Into Strength</p> <p><b>Presenter:</b> Sutton Burke</p>	<p>The Compassion Prescription: The Simple Secret Behind a Joy-Filled Life</p> <p><b>Presenter:</b> Raquel Tobian</p>	<p>Carrying Grief: Learning to Live with Loss</p> <p><b>Presenter:</b> Elissa Gross</p>	<p>Mind Reset: Simple Tools to Improve Attention, Awareness &amp; Emotional Balance</p> <p><b>Presenter:</b> Holly Venn &amp; Maria Pla</p>