

SPONSORSHIP

DECK *Prioritising Mental Health*



KELLY HOLDING
events & communications



A Kelly Holding Event
with Infinite Mindcare
9 OCTOBER 2026

Infinite
MINDCARE

Event Background

On World Mental Health Day 2023 (WMHD), Kelly Holding Ltd. in partnership with Infinite Mindcare, hosted the first mental health symposium targeting the corporate community. The event was a resounding success as was our 2024 and 2025 events, with over 200 attendees! **For our 2026 event we will build on this success, utilising five large meeting spaces to be able to offer 20 sessions. These will include topics that have been very well received at past events and new subject matter based on the last three years of research and input from our attendees and the community.**

The impact of mental health challenges in the workplace continues to increase. According to the Mental Health Foundation, **an estimated 875,000 UK workers suffered from work-related stress, depression or anxiety in 2022/23, resulting in 17.1 million working days lost.** Meanwhile, MHFA England reported in 2024 that **79% of employees were experiencing moderate-to-high stress levels and one quarter of UK workers felt unable to cope with workplace stress.** Research from Mental Health UK also found that around one in five workers required time off due to poor mental health caused by stress, with younger workers particularly affected. Globally, the World Health Organization estimates that **depression and anxiety cost the global economy approximately US\$1 trillion annually in lost productivity.**

Although similar data may not be readily available, it is safe to say that the workforce in the Cayman Islands is also grappling with many of these issues. **According to the Cayman Islands Mental Health Commission's 2023 Annual Report, adults aged 25 to 44 continued to account for the largest proportion of persons accessing mental health services in the Cayman Islands, representing approximately one-third of all clients treated.** These are individuals in the workplace - our colleagues, managers, friends, CEOs.

It was with these statistics in mind that the WMHD symposium was created.

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The Concept

A half day conference to mark World Mental Health Day on:

9 OCTOBER | CAMANA BAY CINEMA | 9AM to 2PM

Attendees will have the opportunity to join a series of sessions led by Infinite Mindcare's team of Masters and PhD CPAM-registered therapists. This year, five (5) concurrent sessions will run each hour, allowing participants to choose topics most relevant to them.

Covering topics across anxiety, trauma, grief, burnout, body image, adolescent mental health, ADHD, perimenopause, boundaries, and more — with sessions on how to support those struggling with mental health, an introduction to Mental Health First Aid, along with conversations around movement, connection, and what it really means to ask for help.

Between sessions, attendees can enjoy networking, mindful puzzles and games, head and neck mini massages and refreshments.

The event is designed for both individuals and workplace teams, offering a restorative and productive environment away from the office.

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Rhonda Kelly
C.E.O.



Laurie-Ann Holding
Managing Director



Bev Sinclair
Communications
Manager



Rachael Manderson
Event Coordinator

MEET THE ORGANISERS

Kelly Holding Ltd. (KHL) is a Caymanian-owned and operated events and communications agency that has been in business for 22 years. During this time, the company's expertise has been called upon and utilised locally, regionally and internationally by governments, corporations, charitable organisations and individuals alike. The company offers a comprehensive portfolio of services and is a 'one-stop shop' for event management, marketing, media relations and sponsorship management.

A small but powerful force in Cayman's **event management, marketing** and **communications** space, the KHL team works together as a cohesive unit, automatically knowing how to best use each other's strengths to better assist clients and attain maximum benefit. The company is owned by Rhonda Kelly (CEO) and Laurie-Ann Holding (MD).

Rhonda created the Addison Kelly Mental Health Education Fund after losing her daughter to suicide in 2022. Through her journey, mental health has become a priority for her and the KHL family and this symposium was started from their desire to increase awareness and stop the stigmas around mental health.

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Meet The Presenters

Infinite Mindcare is a multi-specialty counselling centre offering psychotherapy for adolescents, teens and adults with an array of concerns. The company not only provides outpatient counselling; it also offers neurofeedback along with customised services for first responders, corporations and substance abuse.

With a passion for advocacy and awareness, Infinite Mindcare offers three free, monthly community events: The Infinite Mindcare Talk Series, The After Dark Series, and Coffee, Mental Health & Reggae. Distinguished by their comprehensive training in various specialised areas of mental health, Infinite Mindcare staff members bring proficiency in the most prevalent, and even uncommon mental health concerns. Detailed profiles and testimonials of all their providers can be readily accessed on their website, infinitemindcare.com.



SUTTON BURKE
MS, LCPC

Founder



DEREK OLIVER
M. Psych, BCBA

Counsellor/Therapist



RAQUEL TOBIAN
LISW-S, LICDC

Clinical Social Worker



GREG MILLER
MS

Psychologist



ELISSA GROSS
MA, LPC

Counsellor/Therapist



HOLLY VENN
MSW

Social Worker



MARISSA PAQUIN
MA, LMHC

Psychotherapist



LYNDSEY HOLDEN
MSc, BACP & UKCP

Counsellor/Therapist



HEATHER BLACKFORD
MA, LMHC

Counsellor/Therapist

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Invest in Your Team

Supporting World Mental Health Day is more than sponsorship. It is an investment in your people.

Each sponsorship package includes event tickets, giving organisations the opportunity to involve their teams in an inspiring and meaningful experience focused on mental health, wellbeing and workplace culture.

The event offers companies a unique opportunity to:

- **Encourage team connection and engagement**
- **Support employee wellbeing and professional growth**
- **Promote open conversations around mental health**
- **Demonstrate a genuine commitment to workplace wellness**

By participating, your organisation is not only supporting an important community initiative, but also creating a positive and lasting impact within your own team.

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Available Packages

\$6,000.00

PREMIUM

- Right to branding in lobby and at entry to one theatre (pull up banners provided by sponsor)
- Provision of 160 spaces - 40 people for all sessions or 80 for 2 sessions or any variation.
- Logo included on all event signage
- For each package sold, event will donate 10 spaces to a local charity (e.g. APF, Jasmine, Cayman Islands Crisis Centre, etc.)

\$3,000.00

SUPPORTER

- Right to branding in lobby (one pull up banner provided by sponsor)
- Provision of 80 spaces - 20 people for all sessions or 40 people for 2 sessions or any variation
- Logo included on all event signage
- For each package sold, event will donate five (5 spaces to a local charity (e.g. APF, Jasmine, Cayman Islands Crisis Centre, etc.)

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Available Packages

\$1,100.00

GROUP

- Provision of 40 spaces to be used across sessions - 10 people for all sessions or 20 for 2 sessions or any variation.
- Access to refreshments and activities

\$120.00

INDIVIDUAL

- Provision of 1 space for 4 sessions
- Access to refreshments and activities

PERSONALISED PACKAGE

Let us know your needs and we can personalise a package for your company!

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Contact Us



KELLY HOLDING
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WORLD MENTAL
HEALTH DAY
— SYMPOSIUM —

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9 OCTOBER 2026